



2019:  
WE ARE GBF  
COMMUNITY SERVICES.  
THANKS TO YOU, THIS IS

**OUR FIRST  
OF MANY  
MILLION  
DOLLAR  
ANNUAL  
REPORTS!**



## 2019 ANNUAL REPORT MESSAGE FROM THE EXECUTIVE DIRECTOR

**Thank you to all the donors who made contributions in 2019 that enabled us to invest over \$1 million in Grimsby for the first – and most definitely NOT the last – time!**

GBF Community Services Direct Investment in Community	2019 Actual	2018 Actual	2017 Actual
Rent Supplement and Direct Housing Assistance	\$291,046	\$257,454	\$182,858
Other Client Assistance: winter warmth, utilities, beds, transportation, medical, dental etc.	104,124	117,224	107,892
Food Bank	196,039	170,815	182,728
Mental Health Initiatives	42,000	80,000	30,000
Community Partner Donations	86,900	69,565	68,201
Clothing and Furniture	99,635	116,292	130,313
Youth Initiatives: bursaries, back-to-school meal programs, kids zone, hunger awareness, etc.	48,668	51,014	62,594
Volunteer Recognition and Program Promotion	45,282	34,874	18,701
Seasonal Hamper Programs	87,443	83,252	72,450
<b>Totals</b>	<b>\$1,001,137</b>	<b>\$980,490</b>	<b>\$855,737</b>

### Reputation for Performance Excellence

Diligent stewardship of our assets matters because strong financial performance means greater impact in the community. Our strong performance allows us to make deeper investments in the work we do together, to ensure that anyone that needs our assistance receives the assistance they deserve in our community.

This year, GBF Community Services has played a significant leadership role addressing food insecurity in our community. 2019 has also been one of transformation for the services provided by GBF Community Services and I could not be more proud of the results that the GBF team has achieved. We are moving from strength to increased local impact and creating a sustainable organization for future generations. Our focus has and will always be focused on our clients' needs, and a commitment to maximize the funding we receive from our generous donors.

Experience shows us that there is a clear link between low income, poverty and food insecurity. Last year, we supported many individuals and families locally and also affiliated with other social service providers in

Grimsby. This would include many seeking services from Grimsby Life Centre, Fort and Gillian's Place to name a few.

GBF continues to see growth and enhancement in its deliverance of programs. We have built strong partnerships locally to assist in the delivery of fresh produce and dairy choices.

**When we think of Grimsby, prosperity often comes to mind.** However, there are also many people struggling to make ends meet and provide food for their families.

The GBF team is challenged yearly with the development of new goals and milestones to better serve this community. We want to be an employer of choice at GBF and an organization that attracts very skilled and passionate volunteers.

**Thank you!**  
With sincere gratitude,

  
**Stacy Elia**

While we review this year's many accomplishments, we're also looking forward. In the year ahead, the Board of Directors and leadership team will work closely to provide focus and framework to ensure we continue to build vital relationships with donors, and effectively deliver the dignified services to the residents of Grimsby.

Please remember those struggling to put food on the table the next time you consider a financial contribution to our efforts.

I encourage everyone in our community to visit our operations and learn more about the significant work being shared by so many for the betterment of life to those who need us most.

GBF will make you feel extremely proud to know you have a 'best-in-industry' right here in Grimsby!



## GBF COMMUNITY SERVICES FUNDRAISING DEVELOPMENT PLAN 2020+

The GBF Community Services is moving into a more formal Fund Development process to meet the on-going needs within the Grimsby community.

This will be a group activity that begins with the Board of Directors, Executive Director, and includes management, staff, and volunteers. Commitment to give to GBF Community Services and assist the GBF to reach out to, educate, build relationships with, solicit and steward others is necessary to successfully fund GBF Community Services' mission.

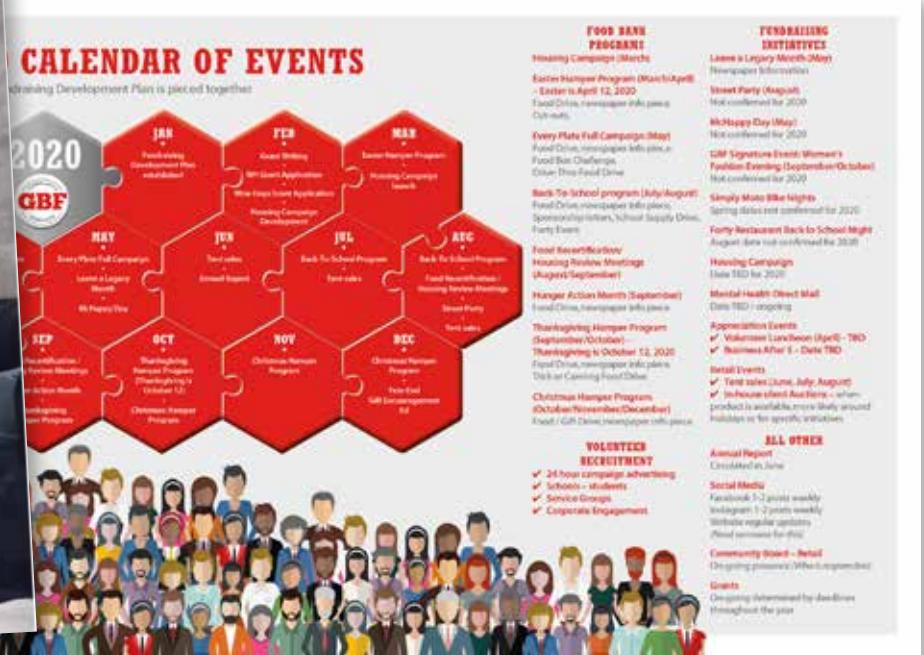
### OUR SHARED GOALS

**1** Raise enough money to support programs and enrich them

**2** Raise enough money to provide funds for ongoing organizational development, communications, and professional development

**3** Improve our organizational structure for fundraising, including streamlining processes, increased donor communication, strengthening Major Donor involvement, integrating fundraising more with programs and building a stronger fundraising presence in our community.

By supporting the GBF Community Services initiatives, you are partnering with others to make a significant impact in our community while celebrating this town's special character for generations to come. To learn more or to make an investment, please call us at 905 309 5664 ext. 33 or email our Executive Director at [stacy@gbfgrimsby.com](mailto:stacy@gbfgrimsby.com).



# SHOWING LEADERSHIP IN MENTAL HEALTH

GBF Community Services is proud to support Mental Health Initiatives in our community. The investments were completely synchronous with the attitude and decision-making profile of GBF; attention to our youth, community health and well-being, substantial and sustainable. In addition a Mental Health Speakers Series took

place. Many Leading Health Care professionals shared their talents with our community. Extra special thanks is given to Thomas Beach, Chair of the GBF Mental Health Program, for his commitment to, and passion for, continuing these efforts locally.



OVERWHELMED  
BY MENTAL HEALTH  
ISSUES?

**It doesn't  
have to come  
to this**

**FREE**

In late 2019, GBF Community Services presented a FREE  
**Mental Health Speaker Series**

QUESTIONS WERE ANSWERED BY LEADING HEALTH CARE PROFESSIONALS

- |  |  |   |   |  |   |
|--|--|---|---|--|---|
| <b>OCT 01</b><br><b>MENTAL<br/>HEALTH<br/>and our<br/>Kids</b><br><small>Event and<br/>refreshments<br/>sponsored by<br/>Grimsby<br/>Hyundai</small> | <b>OCT 08</b><br><b>MENTAL<br/>HEALTH<br/>Navigating<br/>Adolescence</b><br><small>PRESENTERS:<br/>Sharlene MacLennan<br/>Registered Social Worker<br/>and Mental Health<br/>Clinician with a specialty<br/>in Substance Abuse<br/>+<br/>Kendra Clark<br/>Occupational Therapist<br/>specializing in Youth<br/>Mental Health</small> | <b>OCT 22</b><br><b>Loneliness<br/>&amp; Isolation<br/>AND ASSOCIATED<br/>MENTAL HEALTH<br/>DISORDERS</b><br><small>PRESENTER:<br/>Heather Gillespie<br/>Director,<br/>Service Quality<br/>and Capacity,<br/>Canadian Mental<br/>Health Association</small> | <b>NOV 12</b><br><b>DR. TONY<br/>DEBONO<br/>TALKS ABOUT<br/>Mindfulness</b><br><small>PRESENTER:<br/>Dr. Tony Debono<br/>Adolescent Psychologist,<br/>Hamilton Health<br/>Sciences<br/>and Asst. Professor,<br/>Dept. of Psychiatry and<br/>Behavioral Neurosciences,<br/>McMaster University</small> | <b>NOV 19</b><br><b>Addiction<br/>and<br/>Recovery:<br/>A 'LIVE'<br/>EXPERIENCE</b><br><small>PRESENTER:<br/>Lisa Simone<br/>Owner of Bridgewater<br/>Yoga located just outside<br/>of Niagara Falls and an<br/>active speaker presenting<br/>her life experience<br/>dealing with addiction<br/>and then recovery</small> | <b>NOV 26</b><br><b>FOR PARENTS:<br/>Learn<br/>about Mental<br/>Health in the<br/>Family</b><br><small>PRESENTER:<br/>Dr. Khrista Boylan<br/>Child and Adolescent<br/>Psychiatrist and<br/>Researcher,<br/>McMaster University<br/>and Asst. Professor,<br/>Dept. of Psychiatry and<br/>Behavioral Neurosciences,<br/>McMaster University</small> |
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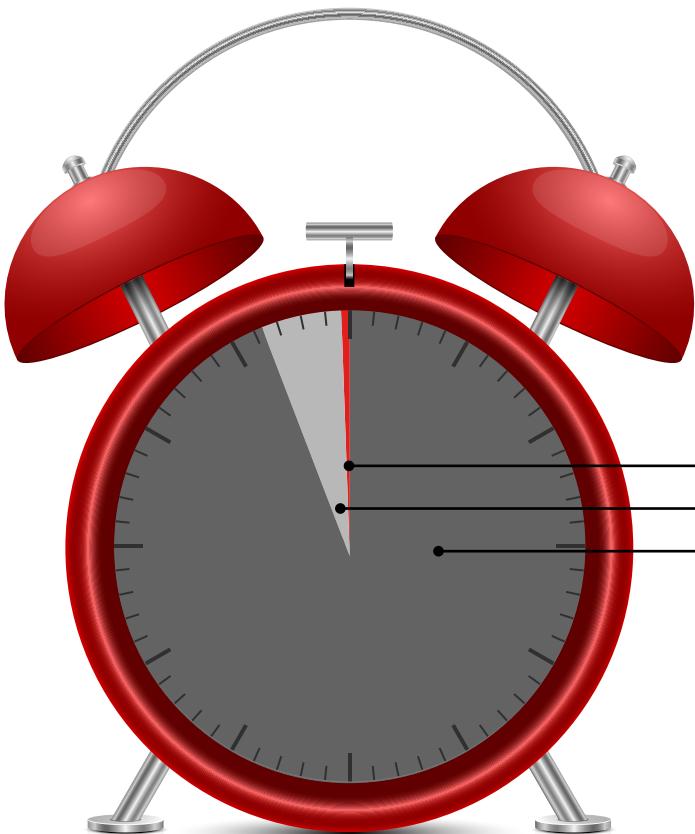


## A FOND FAREWELL

### RETIRING GBF PRESIDENT, MIKE PANICH

As the 2019 year came to a close, we are extremely grateful for the dedication and commitment that our President Mike Panich has shared over his years of service in Grimsby. Over the years, Mike has been a tireless advocate of our programs and services.

Thank you for always prioritizing the needs of those who are experiencing difficult times. Our appreciation is given to you and your beautiful wife, Grace, for always stepping up to assist in all our fundraising events. Mike, the GBF team wishes you a wonderful retirement with your family; we know you're only a quick phone call away!



## WHY I VOLUNTEER

### RICK MONTGOMERY

I joined the volunteer team in September, 2019. My wife and I were new to Grimsby and I was looking for an opportunity to get to know the area better and be an agent of positive change in the community. I asked my family and new neighbours about a local organization I could be a part of and GBF Community Services was at the top of everyone's list.

**People told me THAT GBF was  
THE charity in Grimsby!**

I am recently retired and it feels good to make decisions and be challenged again. There is something invigorating about trying something new. I appreciate the opportunity to represent an organization I can be proud of, even if it's just a few hours a week. The staff and other volunteers have been so welcoming and patient. They are

hardworking and it is truly humbling to be part of this team. I like to interact with individuals from diverse backgrounds and work together towards a common purpose. I had always been part of a team and missed having a daily goal and that sense of accomplishment. GBF has given me an opportunity to achieve objectives with the group for the betterment of this organization and our neighbours. Whether it's our clients, customers or donors at the back receiving door, we get to help people in Grimsby feel better about themselves – and that is no small accomplishment! When the community is doing well as a whole, it's a better place for everyone to live.

...

*The Gift of Time provides so much, for so many. Please contact us if you wish to join our team as a volunteer.*



## YOUTH Volunteering

GBF can benefit from the enthusiasm of our local youth, their energy and ideas. Our youth volunteers that are engaged in our programs and services help grow the next generation of philanthropists and help engage our community. Youth can benefit too. It is nearly impossible to get accepted into University and College without community service experience. Consider an opportunity to share your talents with other peers. Everyone will win! We need engaged youth like Sam Korvemaker (pictured) to become active and help change lives in Grimsby.

## LEADERSHIP

### BOARD OF DIRECTORS

GBF Community Services is run by a volunteer board of directors elected annually. The Board guides our strategic direction, ensures accountability, and reporting to our community and its partners.

#### 2020-21 Board of Directors

Irene Podolak, *President* • Tom Beach, *Vice President*  
 Robert Paul, *Treasurer* • Justin Cruse, *Secretary*  
 James Steven, *Director* • Frank Barretto, *Director*  
 Katie Cino, *Director* • Joanne McMahon, *Director*

We very much appreciate **John deJager** for his years of service and outstanding commitment to our Board. Although he just stepped down as a Director, John remains a very much valued and instrumental GBF volunteer. We are better because of him.



## ENABLING WELL-BEING

Irene Podolak, *President*

As a relatively new Board member, and the current President of GBF Community Services, I can't help but be amazed at the great contribution that GBF makes to our community. GBF staff, volunteers, our partners, and citizens of Grimsby deserve a round of applause for their contributions to a great 2019. However, what impresses me much more is how everyone has come together during the COVID-19 crisis. The commitment to not only servicing our clients, but also anyone that came to our door, along with the generosity of the community when we asked for their support – this is what tells me that GBF is ready to provide an expanded role in our community.

Enabling well-being has long been a core value of GBF. As a social enterprise, we have been able to support a significant number of households and clients.

*Irene Podolak*

During 2019, for the first time, GBF was able to invest \$1,000,000 into our housing, food, health and youth programs. Given our sustainable growth, GBF will continue to serve our current client base, however we are also exploring how we can take the next step to promote wellness throughout our community.

**The business planning process we are currently undertaking will plot a new direction for 2020 to 2023;** one that will emphasize creating new relationships and partnerships with local and regional organizations to fill the service gaps that go beyond GBF's mandate. Working together, we will have the potential to enable everyone in our community to be well!

### Our Spectacular Staff

Stacy Elia, *Executive Director*  
 ...

Dean Foster  
 Melanie Green  
 Ashley Marr  
 Terry Oliver  
 Roger Saldat

### GBF is a proud member of:

Feed Ontario (OAFB)  
 •  
 Food Banks Canada  
 •  
 Grimsby & District Chamber of Commerce  
 •  
 Niagara Connects  
 •  
 Leave a Legacy, a Program of the Canadian Association of Gift Planners



# THE FACE OF OUR FOOD BANK COULD BE THAT OF ANYONE IN OUR COMMUNITY (AND AT ANY TIME)

**When you think of who a food bank client looks like, you're likely considering stereotypes, not the reality. Who we actually see is:**

**Your neighbour • The college student at a local restaurant  
 The parent with children in the local park • The recently retired couple  
 The person you least expect • Maybe even be YOU**

**These are just a few people who access food support from GBF Community Services and whom we always treat with dignity and respect.**



**BECAUSE OF YOUR GENEROSITY,  
GBF WAS ABLE TO PROVIDE 754 OF  
YOUR NEIGHBOURS WITH AN UMBRELLA  
OF MUCH-NEEDED PROTECTION**



**279 CHILDREN  
0-18 YEARS**



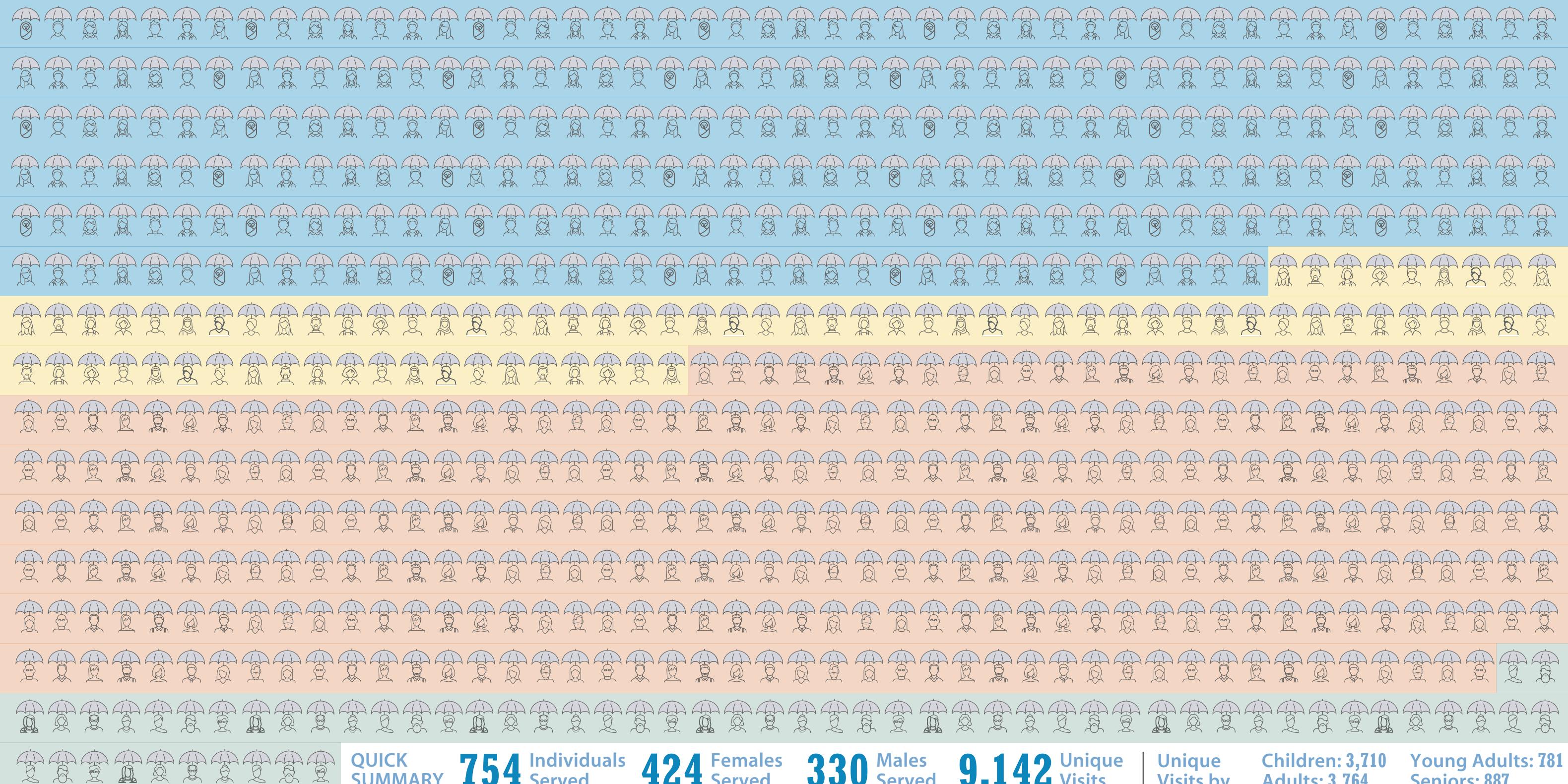
**313 ADULTS  
25-59 YEARS**



**78 YOUNG ADULTS  
19-24 YEARS**



**84 SENIORS  
60+ YEARS**





BECAUSE OF YOUR GENEROSITY, WE SERVED PEOPLE IN  
**347 NEIGHBOURING HOUSEHOLDS**

**OF THE HOUSEHOLDS WE SERVED...**

**ALMOST ONE-  
THIRD WERE  
NEW CLIENTS**

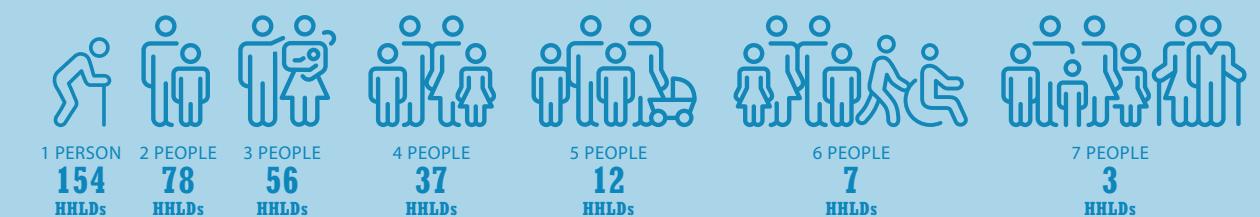
**99 NEW VS.  
248 EXISTING**

**MOST WERE REFERRED BY FAMILY & FRIENDS**

- 289 • Clients, friends & family
- 10 • YWCA, West Niagara Affordable Housing
- 3 • Gillian's Place
- 15 • Social Assistance
- 2 • Other Food Bank Agency
- 28 • Other

SOURCES: 211, Community Living, Grimsby Life Centre, Employment Help Centre, Grimsby Library, Hospital, School, Church, Community Organization, Business

**TWO-THIRDS ARE LIVING ALONE OR WITH JUST ONE OTHER PERSON  
(USUALLY A DEPENDENT)**



**70% RENT THEIR HOME**

- 30 • Own home
- 246 • Private rental
- 37 • Social housing
- 30 • Residing with family & friends
- 4 • On the street

**75% ARE SINGLES OR  
SINGLE PARENT FAMILIES**

- 113 • Single-parent family households
- 31 • Two-parent family households
- 26 • Couples without children
- 154 • People who are single
- 23 • Other

**80% RECEIVE GOVERNMENT SUPPORT AS THEIR PRIMARY SOURCE OF INCOME**

- 90 • Employment Income (EI)
- 13 • Employment Insurance Income
- 48 • Social Assistance
- 79 • Disability-Related Benefits
- 50 • CPP – Disability (incl. ODSP; WSIB; and Old Age Pension)
- 1 • Student Loan / Scholarships
- 20 • No Income
- 46 • Other (incl. Private Pension; GBF Rent Supplement Program; Child Tax Benefit; Spousal Support; Ontario Trillium Benefit; and GST)



# FOOD AND HOUSEHOLD ITEMS SERVED



**12,656L  
MILK**  
3,164 4-Litre Bags



**234L LACTOSE-FREE MILK**  
117 2-Litre Cartons



**3,060  
MARGARINE  
TUBS**



**3,316  
DOZEN  
EGGS**



**1,649  
LAUNDRY  
SOAP**



**1,746  
DISH SOAP  
BOTTLES**



**1,334  
CLEANING  
PRODUCTS**



**249  
ENSURE /  
BOOST**



**79  
BABY  
FORMULA**



**545  
INFANT / ADULT  
DIAPERS**

## PEOPLE SERVED BY OUR GBF PROGRAMS

Monthly Meal Program	<b>1,513</b>
Monthly Kids' Snack Program	<b>999</b>
Easter Hamper Program	<b>159</b>
Thanksgiving Hamper Program	<b>155</b>
Christmas Hamper Program	<b>230</b>
Back-to-School Program	<b>196</b>



## Jumpstart Funding: \$9,432.18

A total of 52 local children were supported



### Partnership Spotlight

#### FOOD Bank Distribution Services (FBDS) Program

GBF Community Services is grateful for the food products that have been shared with our community this past year. In 2019, GBF Community Services received a total of 20,355 pounds of food. This included the following items: baked goods; fruits and vegetables; grain; meat and alternatives; milk; prepared food; snacks and household non-food items.

## GBF PROGRAM FUNDS

**Rent Supplement Program, \$220,624**  
**One-Time Emergency Rent Assistance, \$66,053**  
 Mortgage Assistance, \$4,369  
 Hydro Assistance (GBF Funding), \$12,386  
 Hydro Assistance (LEAP Funding), \$6,702 (25 Households)  
 Natural Gas Assistance (GBF Funding), \$1,677  
 Natural Gas Assistance (LEAP Funding), \$7,375 (19 Households)  
 Water Assistance, \$1,412  
 Medical Care Assistance, \$2,893  
 Vision Care Assistance, \$1,622  
 Winter Warmth Program, \$593  
 School Program (trips, lunches, photos, etc), \$6,022  
 Children's Recreational Programs, \$479

### Community Partnership

Dr. Peaker and his team bring prescription eyeglasses directly to those in need who otherwise would not be able to afford glasses to improve their vision. For children, clear vision allows a better chance to succeed in their education and promote healthier development.



Adults and seniors with eyewear will have greater independence. The GBF team salutes this team for sharing their expertise and products to those who would otherwise go without.

In 2019, because of Dr. Peaker, 11 clients received an eye exam and new eye wear. Over \$2,000 in treatment costs were donated.



## THE FACE OF OUR FOOD BANK COULD BE ANYONE IN OUR COMMUNITY (AND AT ANY TIME)

Providing community support and ensuring that everyone receives relevant information about the programs and services available to help them address the root causes of their food insecurity is fundamental to GBF's success.

We continue to make referrals so clients can be connected with other social services agencies to meet needs that may not be provided at GBF.

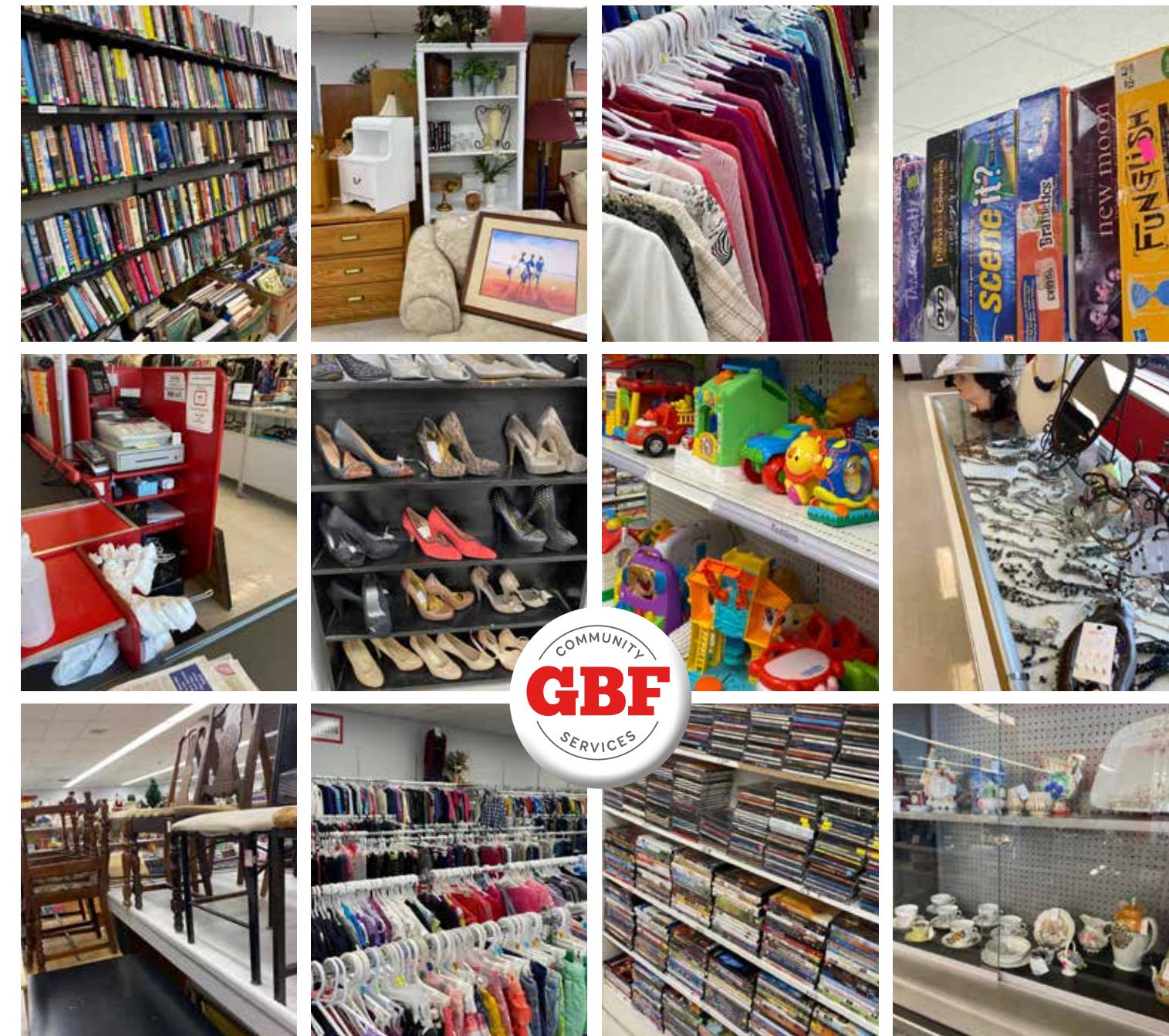
**Strong partnerships make for a strong community!**

We are proud to be helping build people's resiliency.

**GBF Community Services**

40 Elm Street, Grimsby, Ontario L3M 4R7 • [info@gbfgrimsby.com](mailto:info@gbfgrimsby.com) • [www.gbfgrimsby.com](http://www.gbfgrimsby.com)

CONCEPT AND DESIGN: JOHN VANDUZER, WISHART.NET



## ALTHOUGH PEOPLE CALL IT A STORE, THIS IS ACTUALLY A SOCIAL ENTERPRISE

GBF Community Services retail store is a social enterprise which is our main revenue source to meet the social goals of our community. As with all social enterprises, we invest our profits back into the community to fund social change and to help those in difficult times meet their essential needs. Our vision for the retail portion of our operations is to encourage sustainability through

recycling and reusing goods while empowering a community and its volunteer members to become a vital social enterprise valued by our community and surrounding communities. We invite you to visit, shop, and become a part of our story! GBF Community Services retail store is an important source of support for the work being delivered by GBF Community Services.



## HOUSING SUPPLEMENTS & EMERGENCY HOUSING SUPPORT

An affordable home represents more than just a place to live; it's a foundation of opportunity, but it is out of reach for far too many. Affordable housing should be a basic right for everybody in our community.

**The reason is simple:  
without stable shelter,  
everything else falls apart!**

For each of us, our home is a foundation for our well-being. It is a place where we spend many hours, where our loved ones are, an anchor in our local community, the place where we recharge. Housing that is too costly leads people to spend less on food and nutrition and recreation. Worries about rent or eviction can lead to high stress within the household.

The GBF Community Services Rent Supplement program and Emergency Housing program offers eligible applicants support for their housing needs. A rent supplement is a subsidy provided to clients to bridge the gap between the market rent for the unit and the amount the tenant can pay based on their income. Emergency Housing support is a one-time payment towards the client's rental costs per calendar year.

Rent Subsidy Program "critical"  
to preventing homelessness

**Defining Affordability**

Affordable housing is characterized above all by the measure of ability to pay. Affordability itself is defined as a measure of the cost of housing relative to the income of the household, expressed as the shelter cost to income. Traditionally, what is defined as "affordable" housing is spending on shelter that does not exceed 30% of pre-tax household income.

**Impact on local children**

Investment in affordable housing programs for children may have an important impact on later-life outcomes. To the extent that improvements in health among children lead to better outcomes throughout the life course, housing assistance may be a vital difference to health and long-term quality of life.

**Join Us**

Become a donor for this program. Monthly and/or one-time gifts are welcomed and will make a significant impact on the well-being of many in our community. Visit [www.gbfgrimsby.com](http://www.gbfgrimsby.com) to donate online. Thank you!

### 3 Reasons Why I Give a Monthly Donation to GBF Suzanne Mulligan (Volunteer, Donor)

Full disclosure: I have supported monthly deductions from my pay cheque for my favourite charity for years. In fact, it's so many years, that I no longer have a pay cheque – but I can do the same thing through monthly deductions at the bank. And I just changed my monthly donation to GBF Community Services.

**My biggest reason – besides wanting to support GBF – is that it's so simple!** I indicate an amount, sign a card, and provide either banking or credit card info and ta-da, it's

done! I never think about it again until the charitable receipt comes in at income tax time. And I can change the amount or stop it at any time.

The second reason – it feels good to support a specific part of GBF. Think about it – your gift can go directly to the Food Bank, Housing, or Community Services including Mental Health. Or your monthly donation can go to support the organization as a whole.

Either way, it helps.

And thirdly, there are benefits for GBF too. Reliable monthly income helps with budget planning. Staff can focus more on the work that needs to be done.

It doesn't matter if it's \$1 a month, \$5... or \$20. **Every dollar counts!**

If you want a simple way to support GBF Community Services Fundraising efforts why not think about monthly giving? I did!

To become a monthly donor please visit [www.gbfgrimsby.com](http://www.gbfgrimsby.com).

## MESSAGE FROM THE TREASURER

GBF Community Services achieved a significant financial goal in 2019. In what I anticipate will be the first of many such accomplishments. GBF achieved its stated goal of directly investing \$1 million in Grimsby community

programs and strategic partnerships. This represents not only a significant milestone for our organization but for our community as a whole. What makes it all the more gratifying is that it only could have happened...

## BECAUSE OF YOU!

### What a magnificent year!

In 2019, we supported 72 families with our rent supplement and housing assistance programs with \$291,000 of investment – representing a 13% increase over 2018 (\$257,000). In recognition of this program by the Niagara Region, GBF again received a grant totaling \$71,000 from the Niagara Prosperity Initiative in 2019.

GBF does not receive/request any administration fee and every dollar of this grant goes directly to the recipients – residents of Grimsby who are spending more than 50% of their disposable income on rent.

Other significant programs delivered by GBF in 2019 included:

- Food bank services: \$196,000
- Mental health initiatives and seminars: \$42,000
- Seasonal hamper programs: \$87,000
- Collectively, our youth programs, which include bursaries, school meal programs, healthy snacks, back-to-school back packs and hunger awareness: \$48,000
- Other client assistance:

Winter warmth, beds and bedding, transportation, medical/dental assistance: \$104,000

**GBF has a 52-year history of serving and supporting the residents of Grimsby.** From its humble beginnings, we are very proud of having reached the million-dollar investment milestone in 2019.

While important to reflect upon success and accomplishment, it is necessary to remain grounded and ready to adapt to an ever-changing environment and operating conditions.

GBF is a charity. GBF is also a social enterprise – meaning it has two primary goals:  
1) to pursue and achieve social, cultural, community and environmental outcomes; and  
2) to earn revenue.

The retail thrift store is a significant source of revenue, followed closely by corporate and individual donations and support. GBF's store operations depend exclusively on having two shifts of 20 volunteers (40 volunteers per day) to permit GBF to deliver its services. Volunteers are required for food bank

operations, receiving store donations at Elm Street, sorting, pricing, stocking shelves, as cashiers and receiving at the landfill diversion site.

The Covid-19 pandemic in 2020 caused GBF to close its store from March 18th and, on a reduced basis, reopened on June 4th. However, throughout all of this, GBF has continued to serve its food bank and housing clients and delivered other needed assistance to the residents of Grimsby. Compliments to GBF's staff for their collective efforts to continuously respond to the needs of GBF's clients – without the normal support from our volunteer base.

Similarly, the Grimsby community has responded in a very generous fashion to the 2020 March food drive and financial donations from both business and individuals during the March to June period. This community support has permitted GBF to continuously serve those in need.

The effects of the pandemic have changed GBF's business model. It has caused the Board and staff to create new or modified methods of delivering our core services and

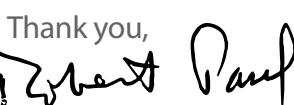
programs. Some programs may need to be reduced or eliminated. The Board will need to balance fiscal prudence, including the drawdown of reserves, while ensuring the sustainability of our core housing and food bank programs. We are closely monitoring our finances and operations on a monthly basis. However, our overall financial goal for 2020 and beyond remains at investing \$1 million into programs and partnerships in the Grimsby community.

**GBF remains optimistic** that we will be able to continuously provide support and services to each of our four pillars: food, housing, health and youth throughout the remainder of 2020 and well into 2021.

GBF has invested in protocols and procedures to ensure that our customers, clients, volunteers and staff can function in a safe and welcoming environment. We would be grateful for individuals to volunteer any time they might have available to permit GBF to resume full operations.

The financial results of 2019 have proven GBF's capabilities and potential to serve those in need in the Town of Grimsby. Our goal is to return to those levels of operation as soon as possible.

To all of you, we are deeply appreciative for all of your support – volunteering your time, financial donations, and donations of product and services.

Thank you,  
  
Robert Paul

## Financial Highlights

### 2019 Revenue

Sales and Recycling	\$1,345,342
Contributions	266,755
Provincial Grants	77,902
Interest Revenue	34,936
Other	72,087
<b>TOTAL REVENUE</b>	<b>\$1,797,022</b>

### 2019 Administration

Occupancy	\$56,046
Office and Computer Maintenance	15,670
Telephone	14,517
Service Fees, Supplies and Other	\$42,608
Board and Strategic Planning	10,268
Professional Fees	28,011
Insurance	17,399
Salaries and Benefits	124,264
Amortization	49,330
<b>TOTAL ADMINISTRATION</b>	<b>\$358,113</b>

### 2019 Programs

Food Bank	\$196,039
Client Assistance/Housing	395,170
School Life and Bursaries	17,927
Christmas Hamper	67,052
Clothing & Furniture	99,635
Mental Health Initiatives	42,000
Advertising and Promotion	25,445
Volunteer Recognition	19,837
Community Partner Donations	86,900
Easter and Thanksgiving Hampers	20,391
Hunger Awareness	15,543
Kids Zone Program	15,198
Salaries and Benefits	379,069
<b>TOTAL PROGRAMS</b>	<b>\$1,380,206</b>

### Excess revenue over expenses

**\$58,703**

# GET INVOLVED

Your generosity is key to the success of our future plans to help families, individuals, children, and seniors. With the passion and dedication shown by so many in our community, we know we can make a difference. Here are just some of the many ways you can help!



**1**

## SPREAD THE WORD

Let your friends, neighbours, and family know about GBF Community Services and our programs. Encourage them to volunteer. Find us on Facebook where we keep you updated on what is happening at the Food Bank and retail store. Like our page, and share it with your friends. With your help, we are impacting lives in our community.

**2**

## DONATE FOOD/HOUSEHOLD AND HYGIENE PRODUCTS

Food donations are at the core of our work. Non-food items such as paper goods and cleaning supplies are also welcome. Please consider hosting a donation drive in your neighbourhood or with your colleagues at work.

**3**

## DONATE TIME AND TALENT: BE SURE TO VOLUNTEER!

Volunteers are vital to GBF Community Services operations and contribute in countless ways. There are endless opportunities to participate in the enjoyable and rewarding tasks our volunteers perform every day.

**4**

## MONETARY & IN-KIND DONATIONS

Financial donations sustain our Food Bank and enrich the larger community by providing nourishment, dignity, and a sense of sharing for all involved. In-kind donations come in many forms. These donations allow us to provide very necessary programs and services to individuals and families going through difficult times. Donations can be made by visiting [www.gbfgrimsby.com](http://www.gbfgrimsby.com).

**5**

## BECOME A MONTHLY DONOR

Monthly giving is one of the easiest and most effective ways in which to make a positive impact on your community. Help us bring more fresh food and helpful services to our community by joining today. Please call (905) 309-5664 ext.33.

## CORPORATE VOLUNTEERING AT GBF COMMUNITY SERVICES – AN OPPORTUNITY TO BUILD BUSINESS & COMMUNITY SUSTAINABILITY

Corporate volunteering recognizes the value of business engaging with people in our community. The benefits are many: volunteering improves reputation; internal culture; and a long-term sustainable future in the community. For employees, it improves their leadership opportunities. We thank the many businesses who have assisted GBF Community Services in the past. For those businesses and organizations that are considering volunteering, we encourage you to take up the challenge as part of your strategic plan for success. GBF Community Services will continue to strengthen and encourage new partnerships within West Niagara. This will allow our team to better meet the needs of our community. This allows opportunities for partners to have a more active role and see firsthand the difference they can make.

## OUR MISSION

GBF Community Services provides assistance to members of our community to meet their basic needs and to achieve self-sufficiency.

## OUR VISION

To improve the quality of life in our community by providing compassionate support and material assistance.

## WE VALUE

A strong sense of social responsibility

A commitment to serving our clients with respect and compassion

A belief in the unique abilities, strengths, and gifts of each person

A belief in the capacity for people to grow, change, and care for themselves and for one another

A commitment to professionalism, ethical conduct, and integrity of service delivery

A recognition of the importance of volunteerism and citizen participation in the community

The role of research, education, and advocacy



CONCEPT AND DESIGN: JOHN VANDUZER, WISHART.NET