



News Flash

GBF is now collaborating with wellness service providers in Grimsby and the surrounding area to implement the GBF Wellness Rx pilot project.

GWRx

To learn about the Wellness Rx courses, workshops, events, and activities that will be taking place in 2024, check our website at <https://gbfgrimsby.com/wellness/>

Specific dates, times and locations will be posted as soon as they are scheduled.

STAY TUNED!

If you're interested in volunteering, being a service delivery partner, or being a participant in the GWRx pilot project, call GBF at (905) 309-5664, Extension 25