



Food | Housing | Health | Youth

## GBF CLIENT PROGRAM GROWTH & INVESTMENT



### Total households served:

2021 = 83 new/271;  
2022 = 93 new/360  
2023 = 140 new/441

**63% increase**

### New households served:

2021 = 83  
2022 = 93  
2023 = 140

**69% increase**

### FOOD PROGRAM GROWTH & INVESTMENT

#### GBF Food Bank Visits:

2021 = 7,029 visits  
2022 = 8,521 visits  
2023 = 12,582 visits

**79% increase**

#### Food Banks Canada

##### Food Value:

2021 = \$5.77/kg.  
2022 = \$7.07 kg.  
2023 = \$7.76/kg.

**34% increase**

#### Food Distribution:

2021 = 191,097 kg.  
2022 = 193,496 kg.  
2023 = 259,247 kg.

**36% increase**

#### Food Investment:

2021 = \$1,102,630  
2022 = \$1,106,797  
2023 = \$2,011,757

**Total 2021–2023 Food Program  
Investment = \$4,221,184  
(82% increase)**

### HOUSING PROGRAM GROWTH & INVESTMENT

**22% increase in number of housing clients**

#### Rent Supplement Costs:

2021 = \$225,468  
2022 = \$237,744  
2023 = \$279,942

**24% increase**

**Total 2021-2023 Rent  
Supplement Investment =  
\$743,154**

#### Emergency Funding Costs:

2021: \$39,748  
2022: \$79,488  
2023: \$133,608

**236% increase**

**Total 2021-2023 Emergency  
Housing Investment =  
\$252,844**

**Total: 2021–2023 Housing Program Investment =  
\$995,998 (63% increase)**

### CLIENT ASSISTANCE GROWTH & INVESTMENT

#### Seasonal Hamper Distribution (Easter, Thanksgiving & Christmas)

2021 = 353  
2022 = 445  
2023 = 546

**55% increase**

Annual **hamper costs  
varied from \$77,688 to  
\$102,887** (depending on  
amount of free product  
and gift cards donated)

#### High-Cost Items Expenses (Hampers, Transportation, Medical/Dental,

##### Bedding & Utilities:

2021 = \$105,267  
2022 = \$154,840  
2023 = \$152,220

**45% increase**

# of neighbours served rose  
from 515 in 2021 to 925 in 2023  
– **80% increase**

**Total 2021–2023 Client  
Assistance Investment for High-  
Cost items = \$412,327**



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## GBF COMMUNITY PROGRAM GROWTH & INVESTMENT



### COMMUNITY WELLNESS GROWTH

#### Events Held:

2022 = 71 events

2023 = 454 events

2024 = 334 events\*

**370% increase**

#### Attendance:

2022 = 845 attendees

2023 = 2,593 attendees

2024 = 3,041 attendees\*

**260% increase**

*\*2024 data include 3 months of projections;  
2021 data not comparable due to COVID impact*

### COMMUNITY WELLNESS INVESTMENT

#### Events:

2021 = \$12,084

2022 = \$24,598

2023 = \$35,870

Total = \$72,552

**500% increase**

#### Partner Grants:

2021 = \$44,000






2022 = \$94,250

2023 = \$93,650

Total = \$231,900

**112% increase**

### 2023 PHYSICAL, MENTAL, SOCIAL & ENVIRONMENTAL COMMUNITY WELLNESS EDUCATION & EVENTS

Type		 PHYSICAL	 MENTAL	 SOCIAL									 ENVIRONMENTAL	TOTALS		
Event Name	Navigating Your Wellness Journey (Self Care Course)	Healthy Eating Course	Walking Group	Mental Health Events	Mindful Mondays	Care Kits	Volunteer Appreciation Events	Social Connection Events	Coffee Club	Speaker Events	Cards & Games	Music Circle	Computer Literacy	AGM Meeting	Wellness Education	
# Events	8	18	60	8	9	3	4	47	68	13	22	9	4	1	180	454
# Attendees	48	59	90	305	73	150	450	381	174	172	312	28	6	80	265	2593
Category Event Total	8	78		17		166							185			
Category Attendee Total	48	149		378		1667							351			

**GBF's investment for Client & Community Wellness in 2023 was the equivalent of \$3,176,529, versus \$1,846,110 in 2021 = 72% increase to address client and community demand; in the same period, expenses rose by 40% to deliver all our services**